



Community Assistance Contact Information

For additional, non-emergency services, Call 2-1-1

POLICE – FIRE – MEDICAL, CALL 9-1-1

For buried utility lines, before digging call 8-1-1

Mental Health Services

NW Human Services 1.800.560.5535
TTY 503.588.5833
 Mental health crisis line
<http://www.northwesthumanservices.org/index.php>

MCMH Crisis Line 503.988.4888
 24/7 Call center for immediate assistance to those suffering from acute mental distress involving danger to one's self or others
<http://www.nami.org/MSTemplate.cfm?MicrositeID=58>

Trauma Intervention 503.940.7997
 Offering 24/7 intervention in the aftermath of trauma
<http://www.tipnw.org/>

Lifeworks Mental Health 503.234.3400
<http://www.lifeworksnw.org/>

Police and Fire

Multnomah County Sheriff 503.988.4300
<http://www.mcso.us/public/>

Portland Police Information Line 503.823.4636
<http://www.portlandonline.com/police/index.cfm?c=29708>

Non-Emergency 503.823.3333

Portland Fire and Rescue 503.872.5070
<http://www.portlandonline.com/fire/>

Multnomah County Rural Fire District 503.695.2272
 Outdoor Burning Information 503.695.2225

Oregon Liquor Control Commission 503.872.5000
 For liquor law violations or crimes involving alcohol abuse
<http://www.oregon.gov/OLCC/index.shtml>

Legal Resources

Family Court Services 503.988.3189
 Provides conciliation, mediation & custody evaluation services
<http://www.co.multnomah.or.us/dcj/fcourt.shtml>

Legal Aid 503.241.4111
 Provides 30 minute free legal consultation for low income residents

Multnomah County Circuit Court 503.988.3957
<http://courts.oregon.gov/Multnomah/>

Restraining Orders 503.988.3943
<http://mcda.us/va/faq.php#320>

Sex Offender Registry 503.378.3725
 Resource for tracking locations of various sex offenders
http://www.oregon.gov/OSP/SOR/about_us.shtml

Local Emergency Management Offices

Multnomah County 503.988.6700
<http://www.multco.us/em/>

Portland Office of Emergency Mgmt 503.823.4375
<http://www.portlandonline.com/oem/>

City/County Information Line 503.823.4000

Family Services

Oregon Food Bank 503.282.0555
<http://www.oregonfoodbank.org/>

Parents Anonymous 503.258.4557
 For parents in need of information, resources or counseling
http://www.morrisonkids.org/programs/parents_anonymous.aspx

Sunshine Division 503.823.2102
 Source for food & meals to those in need

Women's Services

Portland Women's Crisis Line 503.235.5333
 A 24 hour crisis line for women, especially for domestic violence

Rape Victims Assistance 503.988.3222
 DA/s office line specifically for victims of rape
<http://mcda.us/va/index.php>

Statewide Domestic Crisis Number 1.888.235.5333
 Oregon Coalition Against Domestic & Sexual Violence
<http://www.ocadsv.com/>

Youth Services

Child Abuse Hotline 503.731.3100
 24/7 number for reporting suspected child abuse

Janus Youth Programs 503.233.8111
 24/7 crisis number to assist runaways
<http://www.janusyouth.org/what-we-do.php>

Multnomah County Juvenile Services 503.988.3460
 24/7 assistance for instances involving juvenile criminals or crime victims
<http://www.co.multnomah.or.us/dcj/jcjcustody.shtml>

EI Programa Hispano 503.236.9670
 Culturally specific assistance for youth & families
http://www.catholiccharitiesoregon.org/services_latino_services.asp

Police Activities League 503.256.3479
 Recreational activities for kids during non-school hours

Safe Return 1.888.572.8566
 Provides bracelets & assistance in returning wandering patients
http://www.alz.org/we_can_help_medicalert_safereturn.asp

Gate Keeper's Program 503.988.3646
 County program that helps provide food & other services to the elderly

Animal Services

Multnomah County Animal Control 503.988.7387
<http://www.co.multnomah.or.us/dbcs/pets/>

Dove Lewis 503.262.7194
<http://dovewis.org>

Oregon Humane Society 503.285.7722
<http://www.oregonhumane.org/>

Health and Medical Issues

Poison Control Center 1.800.222.1222
Local 503.494.8968
<http://www.ohsu.edu/poison/>

Vector Control 503.988.3464
 Reporting the appearance of vermin in various forms that represent a potential health hazard to the population; for example, rats or mosquitos
<http://www.mchealth.org/vector/>

Multnomah County Public Health 503.988.3674
<http://www.co.multnomah.or.us/health/>

State of Oregon AIDS Hotline 1.800.777.2437
<http://www.oregonaidshotline.com/>

American Red Cross 503.284.1234
 For training and emergency preparedness

Utilities

Northwest Natural 503.226.4211
<http://www.nwnatural.com/>

Portland General Electric 503.228.6322
 Outages 503.464.7777
<http://www.portlandgeneral.com/>

Pacific Power 1.888.221.7070
 Outages 1.877.548.3768
<http://www.pacificpower.net/>

Portland Water Bureau 503.823.7770
<http://www.portlandonline.com/water/>

Transportation

ODOT Dispatch 503.731.4574
 FREE roadside assistance for stranded motorists
<http://www.oregon.gov/ODOT/>

ODOT Tripcheck 5-1-1 OR 1.800.977.6368
 Road conditions, roadcams and trip planning info
<http://www.tripcheck.com/>

Road Hazard Reporting 503.988.5050

Non-Emergency 503.823.3333

River Patrol 503.988.6788
 For problems on local navigable waterways in Multnomah County

Environmental Services

Chemical Risk Info Services 503.494.8616
 First aid and other information on chemical exposure (MSDS)
<http://www.ohsu.edu/cris/>

METRO Recycling 503.234.3000
 Information on disposal methods for specific chemicals
<http://www.oregonmetro.gov/>

Emergency Preparedness Connections

FEMA <http://www.fema.gov/>

Ready.Gov <http://www.ready.gov/>

Citizen Corps <http://www.citizencorps.gov/>