

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the left and right sides of the slide, framing the central text.

Tri-county Webinar 2/24/2021 at 3pm

Washington, Multnomah, Clackamas and Columbia Counties

More Vaccination Opportunities

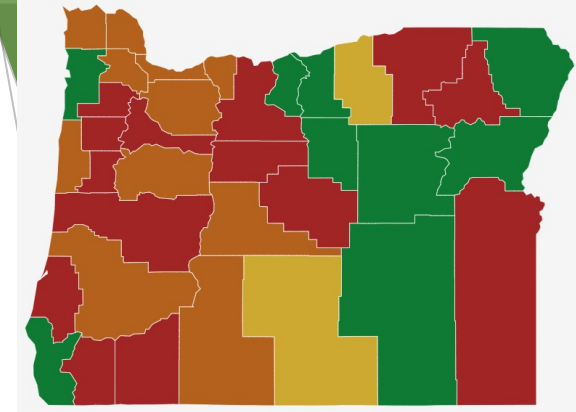
- ▶ **OHA:** <https://covidvaccine.oregon.gov/>
 - ▶ **OHSU:** <https://www.ohsu.edu/covid>
 - ▶ **Safeway/Albertsons:**
www.safeway.com/pharmacy/covid-19.html
 - ▶ **Costco:** www.costco.com/covid-vaccine.html
 - ▶ **Health Mart:** www.healthmartcovidvaccine.com
 - ▶ **Walgreens:**
<https://www.walgreens.com/findcare/vaccination/covid-19>
- ▶ Vaccinations for homebound individuals is in planning and will take time. Encourage all staff to use the above sources.

Navigating the Tri-county Website

Finding what you need

- ▶ All past webinars, discussed materials and COVID resources can be found on the tri-county website.
 - ▶ Reporting information
 - ▶ County specific contacts
 - ▶ Testing sites and resources
 - ▶ Vaccine scheduling tools
 - ▶ Requests for PPE
 - ▶ COVID response toolkits
 - ▶ Provider alerts
 - ▶ And more!

County Positivity Rates: High Risk Level



- ▶ As of February 12, Clackamas, Columbia, Multnomah, and Washington County moved from Extreme to High Risk level and on track to continue to lower levels
- ▶ Allows for more community activities like indoor dining, gyms re-opening, in-person school, more social gatherings.
- ▶ Higher numbers of COVID infections expected as more things open. Individuals feeling COVID fatigue. More opportunities to become infected.

Encourage all staff and residents to stay vigilant and follow current guidance

- ▶ Community COVID exposure risks increases for anyone that leaves or comes into the facility/home
- ▶ While mRNA COVID-19 vaccines have demonstrated high efficacy at preventing severe and symptomatic COVID-19, there is currently limited information on how much the vaccines might reduce transmission and how long protection lasts. In addition, the efficacy of the vaccines against emerging SARS-CoV-2 variants is not known.

Continue to follow workplace guidance

- ▶ At this time, vaccinated persons must continue to follow current guidance to protect themselves and others
 - ▶ Wearing a mask
 - ▶ Staying at least 6 feet away from others (social distancing)
 - ▶ Avoiding crowds
 - ▶ Avoiding poorly ventilated spaces (indoor activities)
 - ▶ Washing hands often
 - ▶ Following CDC travel guidance,
 - ▶ Personal protective equipment (PPE)
 - ▶ SARS-CoV-2 testing
 - ▶ Others

CDC Face Coverings and Mask Updates 2/2021



- ▶ Masks should completely cover the nose and mouth and fit snugly against the sides of face without gaps.

Mask Types

- ▶ Cloth masks and medical procedure masks substantially reduce exposure from infected wearers (source control) and reduce exposure of uninfected wearers (wearer exposure)

Cloth



Surgical



N95 or KN95



Least protection



Most protection

Exemptions from mask requirements

- ▶ A child under the age of 2 years
- ▶ A person with a disability who cannot wear a mask, or cannot safely wear a mask, for reasons related to the disability.
- ▶ A person for whom wearing a mask would create a risk to workplace health, safety, or job duty as determined by the work risk assessment.



Wearing a mask that fits tightly to your face can help limit spread of the virus that causes COVID-19

In lab tests with dummies, exposure to potentially infectious aerosols decreased by **about 95%** when they both wore tightly fitted masks



Cloth mask over medical procedure mask



Medical procedure mask with knotted ear loops and tucked-in sides

Other effective options to improve fit include:



Mask fitter



Nylon covering over mask

Mask fit makes the difference

Experiments have shown

- A surgical mask with gaps did not protect the wearer as well as a knotted and tucked surgical mask. (Picture A vs Picture C)
- A cloth mask placed over a knotted and tucked surgical mask added additional protection. (Picture B)



The best protection: A tight mask with multiple layers

- ▶ **Wearing a second mask on top of a first mask (to create a “double mask”)**
 - ▶ Improve fit by pressing the inner mask closer to the face, reducing the amount of air that leaks around the edges of the masks.
 - ▶ Improve filtration by adding more layers of material to reduce the number of respiratory droplets containing the virus that come through the masks.
 - ▶ **This can only be done by placing a cloth mask over a surgical mask**
 - ▶ A study found that this “double mask” combination provided better protection to the wearer and to others as compared with a cloth mask by itself or a medical procedure mask by itself.

**Do not use
two surgical
masks or two
N95/KN95
masks**

Do not combine two surgical masks. These masks are not designed to fit tightly and wearing a second medical procedure mask does not help improve the fit.

Do not combine a N95/KN95 mask with any other masks. You should only use one N95/KN95 mask at a time, and you should not use any type of second mask on top of or underneath

Don't Forget to Wash Your Hands!

- ▶ Before putting on a mask
 - ▶ If you touch your mask to adjust it
 - ▶ After you remove a mask
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- ▶ All masks are intended to be single use. Surgical and N95/KN95 masks should be discarded and cloth masks must be washed after every use.