

# DRAFT -Aging and People with Disabilities

## National Core Indicators-Aging and Disability (NCI-AD) Results 2016-2017 ACH Conference presentation



October 30, 2018



## Agenda

- Survey Basics
- Population Surveyed
  - Demographics of the Sample Average
- Survey Results
  - Data
- Discussion: ACH considerations
- Exercise: Action steps to improve results

# Goals

- Share the NCI-AD survey basics
- Share Oregon 2016-2017 results ACH results
- Discuss key factors underlying results
- Identify 3 action steps to improve quality and future survey results

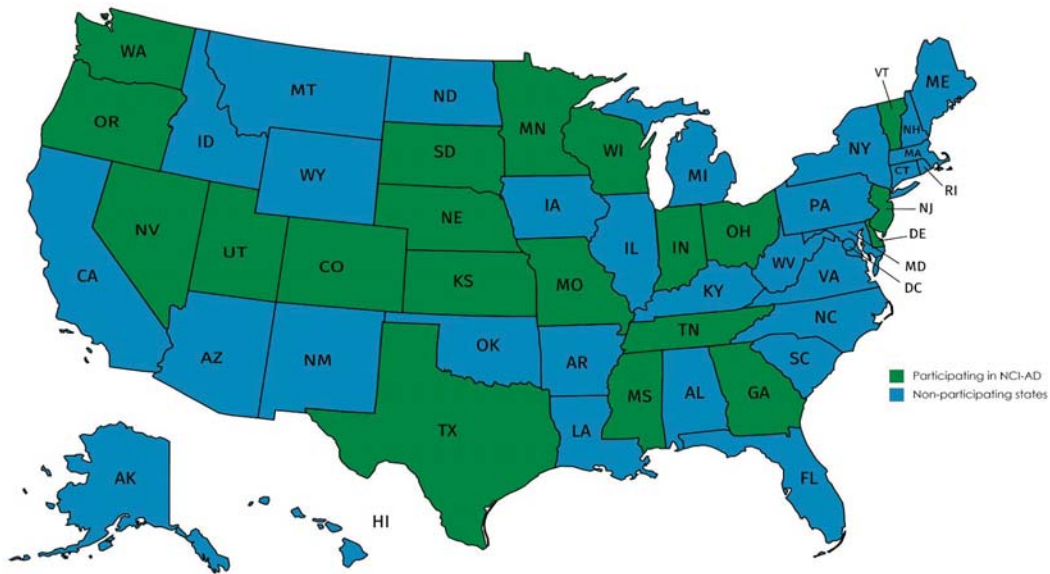
3

# NCI-AD Basics

- Product of National Association of States United for Aging and Disability (NASUAD) & Human Services Research Institute (HSRI)
- Data collected
- Purpose
- Sample selection

4

# State Participation 2017-2018



Created with mapchart.net ©

## Survey Basics - OR survey

- 2016-2017 - first year in Oregon
- People receiving Medicaid paid services:
  - In-Home 120 - ALF 89
  - AFH 81 - NF 81
  - RCF 76 - PACE 72
  - Memory Care 70
- Oregon goal: No more than 10% margin of error per category and 5% overall
- Survey collection vendor & process

## Overall Demographic data results

- Sample percentage over age 90: 13%, under age 90: 87%
- Average Age of those under 90: 70.8
- Gender: Female 66%, Male 34%
- Race & Ethnicity: White 87%, American Indian/Alaska Native 2%, Asian 2%, Black or African-American 4%, Hispanic/Latino 2%, Don't know 3%
- Marital Status: Single, Never Married 16%, Married/Dom Partner: 17%, Separated/Divorced 38%, Widowed 29%
- Primary Language: English 98%, Spanish 1%, Other 2%
- Overall: Sample less diverse than population served

7

## Additional information collected

- Preferred means of communication
- Type of residential area (rural, small town, metropolitan)
- Who the person lives with
- Proportion whose address changed in past 6 months
- Where they moved from
- Proportion with diagnosis of Physical Disability, Alzheimer's or other Dementia, Traumatic/Acquired Brain Injury, I/DD
- Level of mobility
- History of frequent falls
- Receiving Medicare

8

# 18 Domains of NCI-AD

Survey is broadly organized by 18 domains covering:

- Community Participation
- Choice & Decision Making
- Relationships
- Satisfaction
- Service Coordination
- Care Coordination
- Access
- Safety
- Health Care
- Wellness
- Medications
- Rights & Respect
- Self-Direction of Care
- Work
- Everyday Living
- Affordability
- Planning for the Future
- Control
- Core Indicators

9

## Activity 1:

Review fact sheet.

- Discuss with a partner:
  - What do you think about this information?
    - What is surprising? What is interesting?
  - What are some underlying factors that might help explain these results?
- Be prepared to share

10

## SAMPLE- will insert ACH info here

### Data related to ADRC & Options Counseling

- Planning:
  - 40% want help planning for their future need for services.
  - 70% indicate their services currently meet all their needs and goals.
  - 49% report their case manager/care coordinator talked to them about services that might help with unmet needs and goals.
  - Living situation: 34% would prefer to live somewhere else
- Language: 85% of those who don't speak English receive information about their services in the language they prefer.

## Will insert multiple slides with AFH specific survey data

## SAMPLE- will insert AFH specific data here--- Data: Health & Prevention

- Chronic conditions: 83% reported know how to manage their chronic condition.
- Healthy food: 83% have access to healthy foods like fruits and vegetables when they want them.
- Glasses and hearing aids: 8% of participants reported they need new glasses; 12% report they need new hearing aids
- Dental care: 43% had routine dental visit in last year

## SAMPLE- will insert AFH specific data here--- Data: Health & Prevention

- Depression: 55% feel sad or depressed sometimes or often (In-home highest at 62%); 63% of these individuals talked to someone about these feelings in the past 12 months
- History of frequent falls: 32% (In-home highest at 47%); 71% have concerns about falling or being unstable (In-home highest at 81%)
- Memory: 64% report they forget things more often than before
- Activities: 41% of people are as active as they want to be & 57% like how they spend their time: 41% would like to volunteer, only 11% do.

## Activity 2:

- Discuss at your table
  - Of the areas on the fact sheet where there is room for improvement, what might you do to improve future survey results?
  - What resources do you need to implement your action steps?
- Have a recorder note your table ideas
- Have a speaker ready to share

## Next Steps

- Development of tools to share results
- Action plans
- 2017-2018 Survey

Question: What would help you?



## More information

- Oregon NCI-AD website:
  - Oregon data and presentations  
<http://www.oregon.gov/DHS/SENIORS-DISABILITIES/ADVISORY/Pages/NCI-AD.aspx>
- National NCI-AD website:
  - Includes general information & state reports  
<https://nci-ad.org/>

17

## Wrapping up

- Take aways

## Questions?

## Thanks!

Contact: Naomi Sacks, Policy Analyst, 503-385-7168  
[Naomi.E.Sacks@dhsosha.state.or.us](mailto:Naomi.E.Sacks@dhsosha.state.or.us)

18