

Adult Care Home Program Newsletter

May 2020

Program Manager Letter

Dear Providers,

Thank you again for continuing to serve our community during these challenging times.

There have only been 15 homes impacted by COVID-19 and most of those homes have been cleared at this time.

We believe this is because you have stayed at home, self-reported when someone is sick or exposed, increased routine cleaning and sanitation of frequently touched surfaces, used good hand washing hygiene, use PPE such as; masks and gloves when available, and are applying practical supports for residents who are out in the community more frequently. Those supports include providing masks and gloves when available, changing and washing the clothing and hand washing of residents and household members immediately upon reentering the home.

We have been delivering PPE, including cloth and surgical masks, gloves, hand sanitizer and disinfectant to homes in need. We ask that caregivers screen themselves and not come to work if they are sick. We have restricted non-essential visitors and allow only visitors such as; medical professionals, guardians on official business, Adult Protective Services, Licensers and emergency services personnel.

You are doing a great job of keeping your homes safe while supporting residents, finding creative ways to support the emotional and social needs of residents and honoring their self-determination.

Thank you!

Felicia Nelson,
Program Manager

Just Ask

Question: How do I send in documentation to the ACHP during the COVID-19 emergency and how do I send in follow-up information that was missing from a previous submission?

Answer: Please fax 503-988-5722 or email it to advsd.adult.carehomeprogram@multco.us. With each submission include a cover sheet with the name of the person you are sending to, your license number, and the number of pages.

Question: Is there any plain language information on COVID-19 that I can share with residents ?

Answer: Yes, here is a link to Green Mountain Self-Advocates. Green Mountain states the information is by and for people with disabilities <https://cchealth.org/coronavirus/pdf/COVID19-Info-for-People-with-Disabilities.pdf>

Question: Where can I find resources for Small Business Owners impacted by COVID-19?

Answer: Oregon Small Business Organizations have compiled the information on this page to assist Oregon small business owners and employees in dealing with the impacts of COVID-19.

You can find more information at this link: <http://www.oregon4biz.com/Coronavirus-Information/>

Question: Are there any trainings available on infection prevention and control for Influenza and COVID-19?

Answer: Yes, Oregon Care Partners offers a tool-kit through Relias titled "How To Prepare for Coronavirus (COVID-19) and Influenza".

Search the title at this link <https://www.relias.com/resource>

Screening During COVID-19 Pandemic

Every day we all receive new information regarding COVID-19 and the impact on our communities. The ACHP wants to ensure that providers have current information regarding screening new residents, rescreening residents and admission in ACHs.

Initial Screening:

When you conduct your initial placement screening, please obtain as much information via phone or medical record review as possible. Please use Skype or other video tour technology instead of an in-person tour.

Use the ACHP screening form and the COVID-19 Screening form: <https://multco.us/file/87339/download> to ensure the potential resident is within your classification and you have the appropriate amount of staff to provide care.

Rescreening:

It's important to remember that admittance to the hospital or other facility is not a reason to deny a resident readmission to your ACH. A screening needs to be completed on both the ACHP screening form and the above COVID-19 screening form to ensure the resident is still within your classification and is medically stable. If your resident has been diagnosed with COVID-19, the hospital should give you verification that the resident has tested negative twice 24 hours apart prior to readmission.

A patient admitted to a hospital for non-COVID related issues and no fever or respiratory symptoms may be readmitted to an AFH. As with any resident of an AFH, newly admitted patients should be monitored daily for fever and other symptoms of COVID-19 and promptly isolated if symptoms develop.

Please reach out to your licenser with individual questions and further clarification.

Resources:

- If you suspect a provider that you are currently working with could be positive for COVID-19 and they were denied a test, please call the ACHP at 503-988-3000 as we may be able help get the caregiver tested.
- The Senior Loneliness Line is available 24 hours a day for conversation and resources for adults 55 years and older at 503-200-1633.
- Multnomah County Covid-19 Link: <https://multco.us/novel-coronavirus-covid-19>

Responsibilities for Reporting COVID-19 Infection

Providers are required to report to the ACHP anytime a resident, staff, or household member has shown symptoms (cough, fever, shortness of breath or serious fatigue), is pending Covid-19 test results, or has a positive test result for COVID-19.

In addition, if a resident in your home has tested positive or is suspected of having COVID-19, notify the Health Department: [Multnomah County Health Department](#) or <https://multco.us/health>

Please also review the infection control guidance and obtain additional information on disease prevention from the CDC at [CDC infection control guidelines](#) or <https://www.cdc.gov/infectioncontrol/>.

If a resident of your adult care home has tested positive, the local County Health Authority will begin a contact tracing investigation and ensure appropriate safeguards are taken.



Training, Testing, and Events

Please pre-register. Call 503-988-3000 or email adult.carehomeprogram@multco.us

All testing and training has been suspended though Mid-May except for online options:

The ACHP is offering Record Keeping B - Medication Management weekly via Google Hangouts.

Oregon Care Partners offers the Pre-Service Dementia training, Webinars, other CEUs at:
<https://oregoncarepartners.com/>

OTAC has OIS trainings online at:
<https://otac.thearcoregon.org/services/training/event-schedule/>

Online Record Keeping B Medication Management via Google Hangouts. Sign-on 1:25; Training 1:30 - 4:30 pm. \$30 for Operators & Resident Managers . 3.0 CEUs **Class is limited to 25 people per training. May 6th, 14th and 19th**

Accessing Google Hangouts for Training

It is important to pre-register for the training and have an understanding on how to manage google technology. It's best to familiarize yourself with Google prior to starting the training. During the training there is a limited amount of time to orient you to the technology.

When using Google Hangouts to join the training, we have found it is best if you are on a computer and join the video and audio rather than using your phone. If you use your phone please download the Google Meet App to get the same dashboard features.

It is also important that you **use your own email address** so that you can be identified correctly for attendance. Using your phone does not give you the same verification

For more Google Hangout information please follow the link:

Supporting I/DD Residents during COVID-19

Providers and residents may be experiencing anxiety due to uncertainty and lack of social interactions. Relationships are important at every stage of our lives, as we form a lot of identity and our sense of value and belonging through peer relationships.

Finding ways for residents to connect with their peers in a safe environment could help reduce anxiety and decrease the feelings of isolation. There are many different types of apps that groups of people can participate in: One example is the HouseParty app that offers a chat for up to 8 people without needing a log-in code. Remember your safety protocols for the internet.

Identifying incentives you could put in place to motivate the resident to stay home could help. A conversation with the resident brainstorming goals and reinforcement is a good place to start. Remember social distancing can bring up past trauma of institutionalism.

Here are some more ideas:

The whole house can join a dance party or a music, movement and mindfulness session through the ARC via Facebook at events at this link: <https://www.facebook.com/ArcofMultClack/>

Full Life Day program is offering videos to keep you entertained and engaged at Full Life TV via Youtube at this link:
<https://youtu.be/F14NVOQidtM>

Offering flexible food choices and sharing a snack that is attached to a good memory can build relationships and foster positive emotions.

Creating different and interesting spaces within your home such as reading or game corners, outdoor spaces, decorated areas, that allow for connection and change of scenery.

Please work with residents who use marijuana or alcohol to determine what information they need to use safely. Contact your licenser, service coordinators, and public health for support.

https://support.google.com/a/users/answer/9282720?visit_id=637231799594818474-4273206896&hl=en&rd=1

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Multnomah County Oregon
Department of County Human Services
Adult Care Home Program
209 SW 4th Avenue, Suite 650
Portland, OR 97204

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RETURN SERVICE REQUESTED

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