



**Multnomah County Public Health Advisory Board
Public Health Approaches Committee Agenda
February 2023**

Date: Thursday, February 23, 2023

Time: 3:30pm – 5:30pm

Purpose: To advise the Public Health Division on several areas of work including developing long-term public health approaches to address the leading causes of death and disability in Multnomah County.

Desired Outcomes:

1. Strengthen our bonds of community and trust
2. Learn about the illicit substance misuse/overdose prevention work in the Health Department, and discuss and provide recommendations to staff
3. Hear an update on the Legislative Session and ways that the board can be involved
4. Review MCPHAB Bylaws and decide on whether to make changes to conflict of interest section

Material:

1. January Full Board Meeting Minutes
2. Substance Use Environmental Scan Slides
3. Illicit Substances Questions
4. Draft Continuum of Care
5. MCPHAB Bylaws

Item/Action	Process	Lead	Time
Welcome, Introductions, Agenda & Minutes Review	<ul style="list-style-type: none"> • Introductions • Review agenda • Review minutes from the January meeting and seek consensus approval 	Mz Cheryl	10 min 3:30 – 3:40
Public Comment & Board Sharing	<ul style="list-style-type: none"> • Allow time for public comment (if applicable) • Use time for information sharing and updates 	Mz Cheryl	5 min 3:40 – 3:45
Illicit Substance Misuse / Overdose Prevention Planning	<ul style="list-style-type: none"> • Hear an overview of the Health Department (HD) approach to illicit substance misuse / overdose prevention work • Discuss and provide recommendations to the HD • Learn ways in which MCPHAB can take action 	Health Department Staff	45 min 3:45 – 4:30
Break			5 min 4:30 – 4:35
Legislative Overview & PHM Budget Hearing	<ul style="list-style-type: none"> • Hear an overview of the Legislative Session • Learn how MCPHAB can provide support 	Stacy Cowan, Adelle Adams	40 min 4:35 – 5:15
Bylaws Update Discussion	<ul style="list-style-type: none"> • Review board Bylaws and decide on whether to make changes 	Nathan Wickstrom, Jessica Guernsey	10 min 5:15 – 5:25
Wrap-up, Meeting Evaluation & Connection	<ul style="list-style-type: none"> • Recap of action items • What worked well? What could be improved? • Please fill out the Zoom poll evaluation 	Mz Cheryl	5 min 5:25 – 5:30

Join Zoom Meeting

<https://multco-us.zoom.us/j/98187845817?pwd=enhiNEhVaVA0Mml1aFFCRzdPTDRqZz09>

Meeting ID: 981 8784 5817

Passcode: PHe@lth1

Dial by your location

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

Meeting ID: 981 8784 5817

Passcode: 49286777

Find your local number: <https://multco-us.zoom.us/j/98187845817>

MCPHAB Group Agreements

- Listen to understand, not to react
- “Land the plane” (attempt to bring the point home to something actionable) and have the permission to come in raggedy
- Acknowledge the perspective you’re speaking from
- Ensure balance of everybody expressing perspectives
- Have fun and bring your whole self
- Be creative, flexible, and solution-oriented
- Engage fair processes and balance toward fair outcomes
- Focus on the quality of the journey and not just the destination
- Engage and be fully present
- Identify goals to guide our work
- Chair and Vice Chair have permission to call time
- Be mindful of how much space you take up – step up, step back
- Brave and supportive space
- Understand one’s privilege and platform
- Give time for internal and external processing
- Check in with everyone after each agenda item
- One Diva, one mic
- Make sure to take time for yourself and prioritize self care

MCPHAB Consensus Building Process

Five Stages of Consensus-Building

1. Convening

- Getting the right people to the table with the right expectations.

2. Assigning Roles & Responsibilities

- The “signing on” phase. Everyone at the table agrees upon the ground rules that will govern decision-making and defines the kinds of responsibilities they are each willing to accept.

3. Facilitating Group Problem-Solving

- Step 1: “Venting.” This happens when members state any concerns they have about a proposal or a process.
- Step 2: Round of statements describing interests or priority concerns by members.
- Step 3: “Inventing.” This happens when members take what they’ve heard about each other’s interests and try to come up with proposals that meet everyone’s needs.
- The point of these 3 steps is to keep multiple options alive so that a full range of combinations can be “tried on for size.”

4. Reaching Agreement

- Does not mean voting, but “agreeing to agree.”
- Facilitator asks: “Can everybody live with this proposal?”
- If a member says “no,” he or she is asked to explain his or her position clearly, including any changes to the proposal he or she would like to suggest.

5. Holding People to Their Commitments

- This is the implementation phase.
- What actions do subcommittees, the Board as a whole, or individual members need to take?
- What actions are MCHD staff and executives responsible for?