



Multnomah Behavioral Health Treatment Court (MBHTC) Initiative

A SAMHSA Funded Project

**Multnomah County
Mental Health & Addictions
Services Division (MHASD)**

Multnomah Behavioral Health Treatment Court (MBHTC) Initiative

Grant Snapshot:

- ❑ Funder: U.S. Health & Human Services, SAMHSA
- ❑ 4 Year Grant (9/30/14 – 9/30/18)
- ❑ Grant Total: \$1,385,308 / Yearly: \$345,290
- ❑ 2nd Cohort of Adult Treatment Court Grantees
- ❑ Purpose: Enhance & expand current programming to criminal justice involved individuals with severe behavioral health disorders served in Mental Health Court, Community Court, & Forensic Diversion programs.



MBHTC Overall Project Goals

Goal 1: Increase the engagement of peers in the planning, implementation, & evaluation of MHASD Diversion programming.

Goal 2: Reduce the number of future criminal justice contacts among the targeted population of individuals who have successfully completed the program by 25% in the first two years & 45% in the 3rd & 4th years.

Goal 3: Expand access of identified sub-groups vulnerable to health disparities to quality treatment & services that are culturally responsive/ linguistically appropriate.

Goal 4: Enhance the knowledge base of professionals throughout the system to ensure better understanding, identification, referral, treatment, & care of justice-involved Individuals with severe behavioral health disorders.



MBHTC Target Population:

- Adults involved in the Multnomah County criminal justice system who struggle with severe mental illness (SMI), chemical dependency, & co-occurring disorders.
- Special emphasis placed on targeting veterans, people of color, LGBTQ individuals, & those who identify as belonging to a community vulnerable to health disparities.
- **Year 1:** A targeted **50** additional individuals served: Behavioral Health Screen, Needs Assessment, GPRA Survey, individualized treatment plan, systems navigation, on-going follow-up, peer support, & transition plan.
- **Years 2 - 4:** **60** additional individuals served each year
- **4 Year Total:** **230** individuals
- **Total Program Impact:** **3,090** individuals served in Mental Health Court, Community Court, & Forensic Diversion will be benefited by the enhancements provided by this program over the 4 year project period.



MBHTC Initiative - Core Partners

- ❖ LPSCC – Mental Health & Public Safety Subcommittee
- ❖ Multnomah County Circuit Court
- ❖ Multnomah County: Health Department (MHASD & Corrections Health), DCHS (Veterans Services), & Office of Diversity & Equity
- ❖ Portland Police Bureau – Behavioral Health Unit
- ❖ Sheriff's Department – Corrections Counselors
- ❖ Cascadia Behavioral Health Services & a network of community services/ treatment providers
- ❖ PSU - Regional Research Institute for Human Services (RRI), Trauma Informed Oregon
- ❖ Peer community



Systems Level

Collaborative Council
(LPSCC MHPS Subcommittee)

LPSCC

Systems Support

Peer Action Council

Health Disparities Council

Program Operational

MBHTC Action Team

Client Level

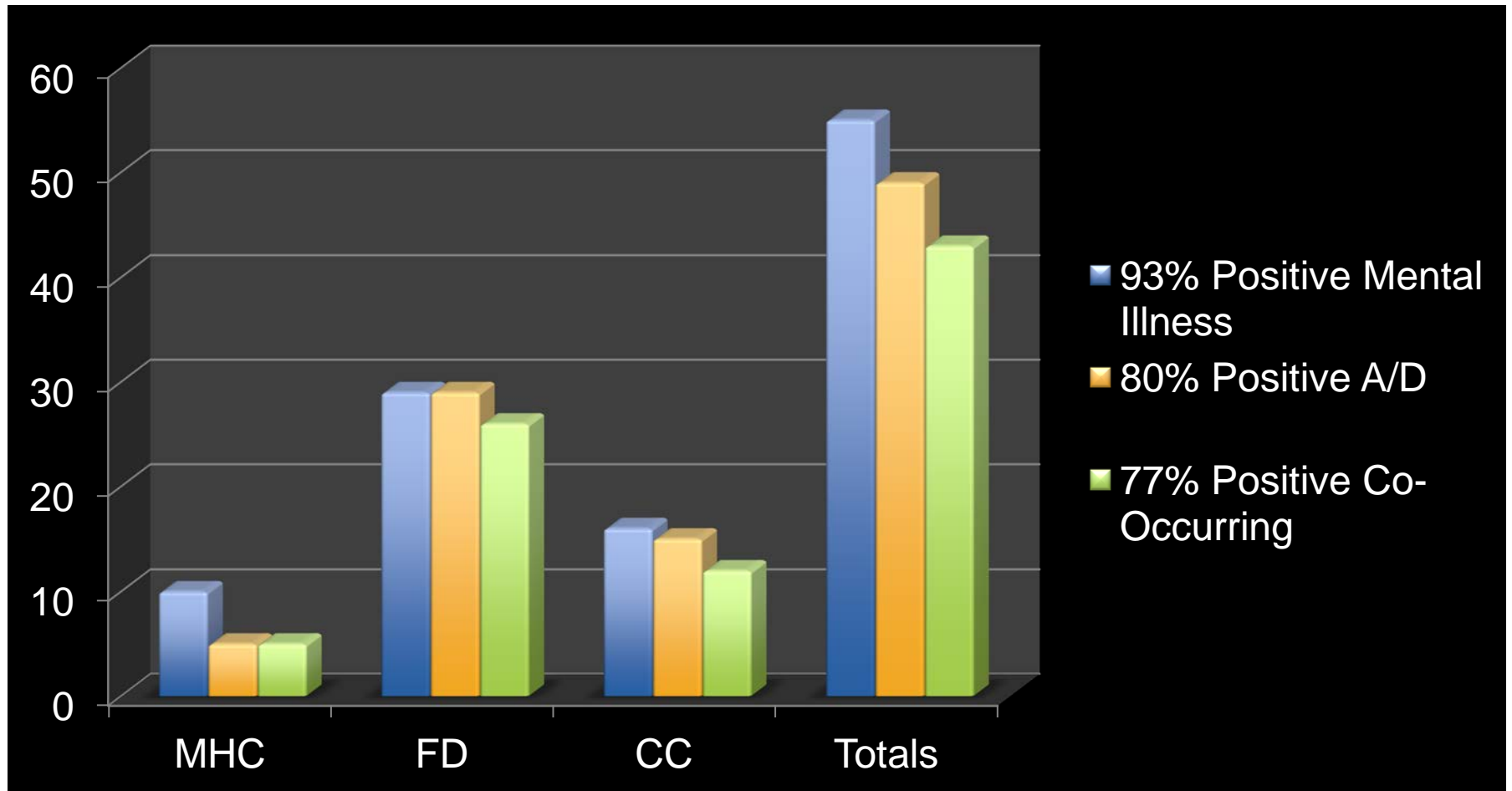
MBHTC Initiative

Activities & Services the MBHTC Initiative will Provide:

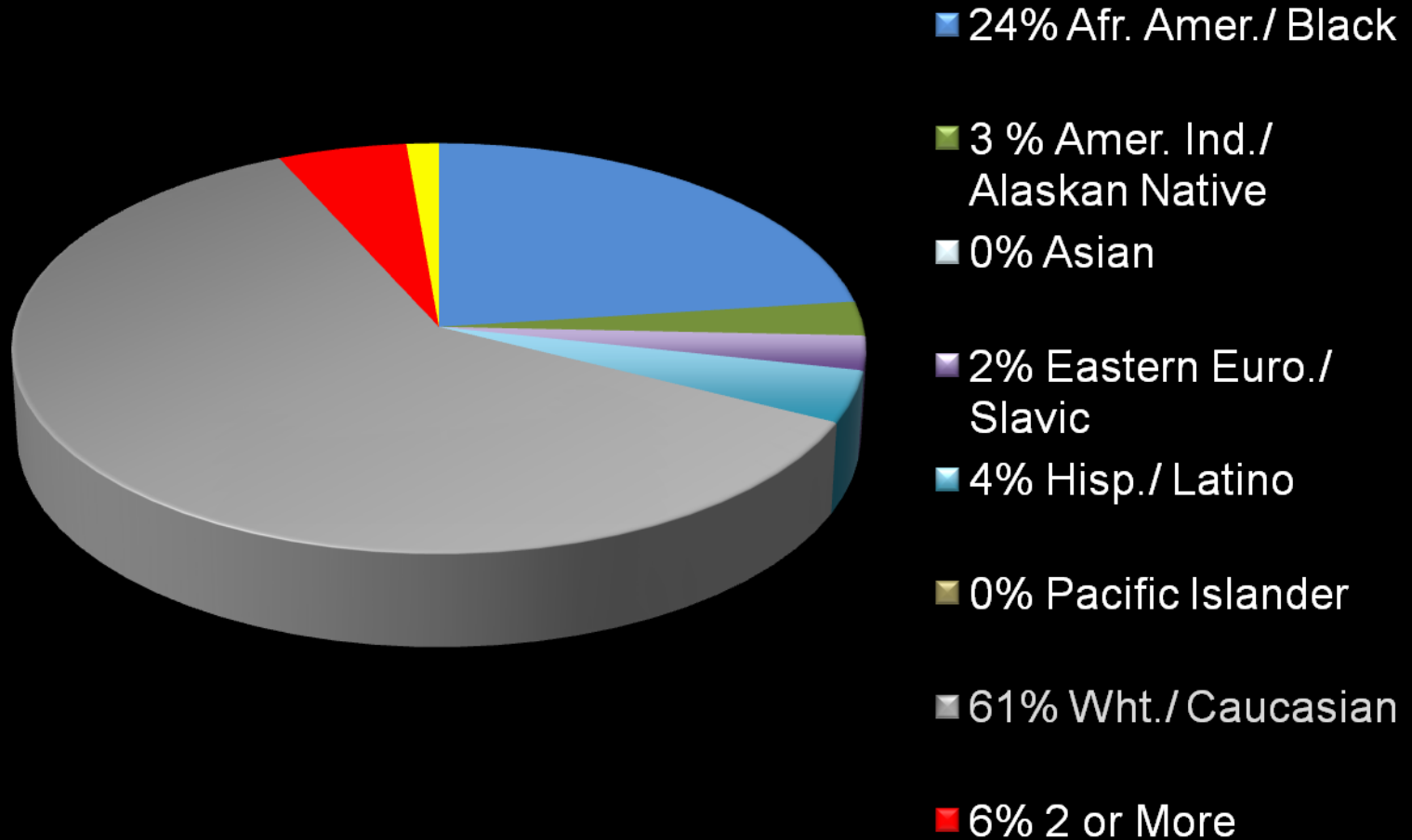
- ❑ Increased access & coordination of treatment & services for targeted population
- ❑ Incorporation of research-based practices into existing program models (Behavioral Health Screen, Needs Assessment, GPRA Survey, Transition Plan, Peer Support, & Trauma Informed Care)
- ❑ Coordinated Diversion Programs referral system
- ❑ Enhanced linkages to: veterans–specific, culturally responsive, & linguistically appropriate services
- ❑ Creation of a Peer Action Council & Health Disparities Council
- ❑ Cross-Systems Monthly trainings:
(Trauma Informed Care, Diversity & Equity, Peer Led, Co-Occurring Disorders, Addictions, etc.)



MBHTC Behavioral Health Screen Results (3-month snapshot)



Racial Breakdown Across All 3 Programs: 3-Month Snapshot



MHASD Diversion Programs - Overview

Community Court : bridges the gap between the community & the court by making justice visible, accessible, proactive, as well as, reaching out to victims. Restorative sanctions are attained through the combination of community & social services.

Mental Health Court: cooperative effort between the mental health treatment & criminal justice system. Participants are identified by the courts as severely mentally ill & at risk of incarceration based on the commission of a crime. Potential participants agree to be supervised by the court for a 12 month period & work with mental health professionals, the court, district attorney, defense lawyer, probation, & treatment agencies. Added support & encouragement offers the participant stability in the community for successful follow through with conditions set by the court.

Forensic Diversion: provides several services to the mentally ill in the criminal justice system. The goals are to identify the chronically mentally ill, attempt to decrease jail days by providing linkage to community services, & provide restoration in the community through education of legal skills. Clients work toward stability while living & participating in treatment in the community. The team places individuals in housing, assists individuals in obtaining treatment/ medications, & helps the client connect to social supports that will provide stability in the community.

