



August Resources

- **Note: Due to COVID-19 please confirm with the activity directly prior to attending.**

★ [ASO Autism Walks](#)

- Autism Walk in Portland- Sunday August 15th at Oaks Park. [Register or donate here](#)
 - Ride bracelets at Oaks Park will be available with a discount coupon directly from Oaks Park. You must register for the Autism Walk in Portland to receive a coupon. Ride bracelet sales are limited and online purchases open up 21 days in advance. Buy ahead to be sure you can ride!
- Color the Blues for Autism Walk- Saturday September 11th at Riverside Park in LaGrande. [Register or donate here.](#)
- Color the Coast for Autism Walk/Run on Saturday September 25th at KOA Resort in Astoria. [Register or donate here.](#)
 - KOA-Astoria is again offering the "2nd night free" on Sat, Sept 25 with payment for Friday, Sept 24. You must register for the Color the Coast for Autism event to take advantage of this offer! It's first come, first served but priority will be given to those already registered. Please see the [Color the Coast registration](#) page for details

★ [Portland Parks & Recreation- Adaptive Inclusive Recreation](#)

★ [Tualatin Hills Park & Recreation District](#)

★ Wasabicon- Anime, Cosplay & Gaming Convention

- August 21-22nd at Sheraton Portland Airport Hotel
- The two-day convention features celebrity guests, local artists, exhibitors, gaming, panels, contests and much more. Daytime programming and events are designed to be all-ages, with content presented for older attendees scheduled in the evening. In 2020, WasabiCon PDX attracted over 1,200 attendees.

★ Pix in the Park

- Shute Park in Hillsboro
- August 6th- Trolls World Tour
- August 13th- Onward
- August 20th- Raya and the Last Dragon
- August 27th- The Goonies

★ Training: Puberty vs. Adolescence

- Wednesday August 18th from 6:30-8:00pm. Available in English & Spanish.
- Puberty and Adolescence are not the same thing. This training will help you learn how to separate puberty from adolescence as two different processes, but understand the importance of each. We'll discuss aspects of brain development, body changes, and social, emotional, and moral development. We will also talk about a person's emerging sexuality, sexual and gender identity, and healthy sexual development.

★ Aquifer Adventure- Celebrating groundwater, Portland's buried treasure

- Ahoy, me hearties! It's time to celebrate Portland's buried treasure: groundwater! The Columbia South Shore Well Field is home to 25 wells that pump groundwater from aquifers several hundred feet below ground. Follow the treasure map to learn more about groundwater and how you can help protect it... or walk the plank!

★ **Fun in the Park- Scott Park in Milwaukie at the Ledding Library**

- Every Tuesday in August from 11am-12pm.

★ **Family Forest Days @ Hoyt Arboretum**

- Saturday August 21st 11am-2pm
- Pollinator Play Time
- Stop by for family-friendly educational activities that showcase what bees are, their role as pollinators, and their incredible diversity. Moreover, we'll also show families how to safely observe their many interesting features and behaviors in the habitats of Hoyt Arboretum and bee-yond!

★ **1950's Sci-Fi Bingo**

- Saturday August 14th @6pm and Sunday August 15th@3pm
- Peninsula Odd Fellows Lodge
- Part Bingo night, part play, Our Sci-Fi Bingo is a family friendly interactive experience where YOU can get in on the lights, camera, action! Infamous B-movie director and writer Ed Wood is ready to film his latest catastrophe...err...masterpiece, and has assembled a colorful cast of over the top space cadets, mischievous aliens, and martian monsters for his exciting space drama, "The Plant Creature from Pluto"!

★ **2021 All Ability Tri4Youth Virtual Challenge**

- Saturday August 28-Sunday August 29.
- In non-COVID times, FACT Oregon's All Ability Tri4Youth is a 2.53 mile triathlon - the combined distance of the swim, bike, and run. This year, for our 2021 Virtual Challenge, we invite you to "253 Your Way"!
- The 2021 Virtual Challenge is FREE. Simply register and create your team, set your team or individual challenge goal, do your healthy activity, and send us pictures and/or video for our compilation video. All Challenge Athletes will receive a t-shirt as well as a Tri Kit (up to 250 available) that includes a Tri4Youth medal, cheer sign, water bottle, pedometer, and fitness-themed swag courtesy of our generous sponsors/grantors.

★ [ABI's Youth & Young Adult Media ART & Tech Camp](#)

- Media, Art & Tech Camp is a 2-day, in-person, inclusive and accessible, peer-led and peer-supported experience for youths 14 to 16 years old (*note-young adult camp is now full, youth ages 14-16 available at time of publishing*) with and without disabilities--who are passionate about media, art, and technology, and who are fully COVID-19 vaccinated. Interactive learning sessions with local professionals and artists will span topics and creative mediums such as visual art, music, poetry, live broadcasting, and more.
 - Youths age 14-16 Camp: Friday, August 13, 9:30am - 4:30pm and Saturday, August 14, 10:00am - 2:00pm
 - Location: Montavilla United Methodist Church, 232 SE 80th Ave. Portland, OR 97215

★ [Summer 2021 RideWise Travel Training](#)

- Our Travel Trainers are back at it! Providing in person one-on-one training in Multnomah, Clackamas and Washington County, at a time and location that is convenient for the customer.
- Ride Connection's RideWise Travel Training program is centered on the safe and independent use of public transit, providing transportation options for those with disabilities and/or 60 years or older. If you know someone that has an employment opportunity and would like to learn how to take TriMet? Know someone who needs to learn the bus/light-rail route to school for Fall semester? Or have someone who has worked with one of our Travel Trainers before? [Email here for more information](#)

★ [OMSI's Dinosaurs Revealed Sensory Hours](#)

- August 5 from 8:00 am - 9:45 am & August 21 from 5:30 pm - 7:00 pm
- Dinosaur Sounds: To create an inviting and inclusive experience, all dinosaur sounds will be turned off. For the morning sessions, dinosaur sounds will be turning on at 9:50am to prepare for OMSI's general opening at 10am

- Animatronics: Motion-activated animatronics for each dinosaur will remain on, which do create minor mechanical noises.
- Ticketing: Only 15 tickets per 15 minute interval will be sold to allow for fewer people in the exhibit at a time.
- Face Coverings: Are required for all staff and guests. Please contact OMSI directly to see if there have been any changes to this policy.
- [Ticket prices are the same as for the regular exhibit](#)

★ [Cathedral Park Porch Concert Series](#)

★ [2021 Regal Summer Movie Express](#)

- \$1 family movies every Tuesday and Wednesday all summer.
- Summer movies for kids at Regal. Bring the family to the nearest Regal theatre for our 2021 Summer Movie Express series! Summer Movie Express tickets are just \$1 on Tuesdays and Wednesdays featuring summer movies the whole family will enjoy like Teen Titans Go! To the Movies, Smallfoot, Kung Fu Panda and many more. Theatre opening times vary so check participating theatres for feature start times.

★ [Ethos Summer Sessions](#)

- [Drum Day! Sunday August 8th from 11-3:00pm at Luuwit View Park](#)

★ [COMMUNITY DROP-IN SUPPORT](#)

- Every Thursday from 12pm-2pm
- Both in English and Spanish
- We work to provide you tools, tips, and strategies to navigate early childhood services, special education services, and inclusive communities.

★ [Social Justice Youth Group](#) meets every Monday at 11am.

★ [Cultural Services Directory](#)- check this out for a ton of resources and contact information