

MELELE KIN JEMLOKIN TEEJ KO AM KIN TEEJ IN COVID-19 KO REJ KŌMMAN ILO MOKO MŌD

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Ak ñe ewōr aō jemlokin teej ej kwalok ewōr nañinmij?

Ewōr kij in nañinmij eo ilo enbwinnim im kwōmaron kaajeeded ñan ro jet, jekdoñ ñe ejellok jabdewōt kakōlkōl ibbam. Jekdoñ emōj am wā ak jab, kwōj aikuj:

1. Bwe mweo imōm, ijellokun am etal in taktō. Kōjenolok kwe make jen ro jet ilo mweo imōm jab diklok jen 5 raan. Alikin 5 raan, kwōmaron etal jen mweo imōm elañe:
 - Ejellok am piba jab diklok jen 24 awa ilo am jab idaaak wūno in piba im ewōr wōt jidik kakōlkōl ko rej emmonlok IM
 - Kwōmaron wōnmaanlok am tiljek in ekōnak kein kalbubu iturin ro jet iomwin bar 5 raan. Ñe kwōjab maron ekōnak kein kalbubu iturin māj, wōnmaanlok in kōjenolok kwe make iomwin bar 5 raan.
 - Melele in kajinet in ej jermal ñan eloñ armij. Ñe kwōj jookwe ilo jejetin jikin ko elab joñan uwōta einwōt jjikin ejmour, kwōmaron aikuj kaitōklok ien am kōjenolok kwe make. Kajitōk ibben jikin jermal eo am.
2. Kūrlok taktō eo am ilo ien eo emōkajitata. Emaron wōr wūno in kōmadmōd ko ekkar ñan joñan yiō eo am im/ak nañinmij ko am, im jet wūno in kōmadmōd COVID-19 rej aikuj jino iloan 5 raan jen ien an jino walok kakōlkōl ko. Ñe ejellok am taktō, kall ae lok 211 ñan aer jibañ kwe bukōt juon.
3. Ba ñan armij ro kwar kebaak er im ro uwaan mweo imōm emōj an teej kwalok ewōr nañinmij eo ibbam. Ewōr tokjen joñan ien! Remaron bōke kũltien wāween ko ñan kadiklok an ajeeded COVID-19 einwōt ekōnak kein kalbubu iturin māj ien rej bed iturin armij im bōk teej eo. Remaron loe melele ko relablok ilo website eo an public health eo an bukōn eo aer ñe ejab kall ae lok 211.
 - Ñe ear wōr ak ewōr kakōlkōl ibbam: Kebaak armij ro kwar bed iturier jino jen raan ko 2 mokta jen an walok kakōlkōl ibbam.
 - Ñe ejellok kar ak ejellok kakōlkōl ibbam: Kebaak armij ro kwar bed iturier jino jen raan ko 2 mokta jen am kar bōke teej eo an COVID-19.



Ewi wāween aō ripoot kin juon jemlokin teej ej kwalok ewōr nañinmij eo?

Ñe jermal eo am ekoba am leto letak ibben armij ro ilobelej, kwōj aikuj ba ñan jikin jermal eo am bwe ren maron jibañ kadiklok joñan an ajeeded COVID-19. Ñe ejab, kwōjab aikuj kōjellā kin teej eo ej kwalok ñan jabdewōt ke ewōr nañinmij jen juon teej kwar kōmmāne ilo mweo imōm.

Ñe ewōr am kajitōk ak kwōj aikuj jibañ im kōnaan kenono ibben public health kin jemlokin teej eo am ej kwalok ewōr nañinmij, kwōmaron kall ak email ae lok Public Health eo an Bukōn eo an Multnomah ilo 503-988-3406 ak diseasereport@multco.us. Remaron jibañ kwe ba ñan jikin jermal eo am ak armij ro kwar bed iturier, kabōk mennin jibañ ko ñan am bed wōt mweo imōm, im kajitōk ko jet emaron wōr ibbam.

Bōk melele ko relablok kin nañinmij ak jibañ ikijen kōjenolok kwe make ak jab ito tak ilo website eo an Teej in COVID-19 ej Kwalok Ewōr Nañinmij an Oregon Health Authority <https://govstatus.egov.com/or-oha-covid-19-positive-test> ñe ejab kall ae lok Lain in Jibañ ikijen Nañinmij ilo 866-917-8881.

Ak ñe jemlokin teej eo aō ej kwalok ejellok nañinmij?

Ñe kwōj enjaake am nañinmij kwōj aikuj bed mweo imōm im ejab iturin ro jet mae ien emmonlook kakōlkōl ko ibbam, jekdoñ ñe jemlokin teej eo am ej kwalok ejellok nañinmij.

Elañe kwar bed iturin juon armij eo ewōr an nañinmij in COVID-19, kwar bed iturin nañinmij eo im maron wō lelok nañinmij eo ñan ro jet. Ijellokun ñe kwōj jokwe ak jermal ilo jet kain jikin ko elab joñan uwōta, einwōt jikin ejmour ak jet jikin ko armij rej jokwe ibben doon, kwōjab aikuj jab ito tak.

- Lale kwe make ñe ewōr kakōlkōl ibbam iomwin 10 raan jen ien eo aliktata kwar bed iturin rinañinmij eo. Lomnak ia eo kwōnaj bed im wōn ro kwōnaj bed iturier. Kwōmaron wōnmaanlok in kejbarok armij ro rebed ilo joñan uwōta eo elab in bōk COVID-19 eo ekauwōtata ilo am kadik joñan am bed iturier ak ekōnak kein kalbubu iturin māj ilo ien am bed iturier iomwin raan kein 10.
- Ñe kwar bōke teej eo ilo mweo imōm, kwōmaron bar bukōt juon kain teej in COVID-19 ibben taktō eo am ñe ejab bōke bar juon teej io imōn jokwe 1-2 raan tōkelik.

Kakōlkōl ko an COVID-19 ekoba:

- Piba ak biō
- Pokpok
- Kajjinok ak abañ emenono
- Lab mōk
- Metak majel ak enbwin
- Metak bar
- Ekāāl an ejellok neman ak bwin jabdewōt
- Metak burō
- Boñ ak toor boti
- Mōlañlōn ak mōmnoj
- Bidodo loje

Kall ae lok 911 ñe ewōr kakōlkōl kein rekauwōtata kein ibbam:

- Abañ emenonno
- Metak ak aer ubom ak lojeem
- Jab maron idaak ak dān ko rej diwōjlok ilo emnoj ak bidodo loje
- Ekāāl am poktak ak ebin an ruj
- Kalor kurae ak būlu tie ak iturin mejan

