

Program #40199R - ARP - Culturally Specific Behavioral Health Programs 7/14/2022

Department: Health Department **Program Contact:** Julie Dodge
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

As Multnomah County residents near the end of a second year of experiencing the impacts of COVID-19, behavioral health acuity continues to escalate, resulting in higher need for mental health and addiction services and resources than ever before. We're seeing increases in overdoses, suicidal ideation (especially in adolescents), violence, depression and general inability to cope as a result of the extended isolation, economic, vocational, and other stressors associated with this pandemic. In particular, Black, Indigenous, and other People of Color (BIPOC) experience greater disparities. The American Rescue Plan Act offers a unique opportunity to expand access to care and services in BIPOC communities through external program investments and direct client assistance.

Program Summary

This offer works to offset the increase in behavioral health and addiction acuity rates with access to culturally specific supports through multiple program investments.

The Trauma Healing and Recovery program pilot launched in FY22 and continues in FY23. Designed for African American women who have trauma histories such as abuse, abandonment, incarceration and addiction, the program offers weekly workshops, one-on-one support and an annual retreat. Women will have the opportunity to connect with culturally grounded, client identified spirituality, which is an important aspect of African American identity, leading to improved mental and physical health outcomes.

The pandemic has highlighted the need for culturally specific peer recovery support services. BHD is investing in new culturally specific Peer Recovery Support services. This investment is intended to expand culturally specific services and invest in infrastructure for emerging programs that will lead to sustained expanded culturally specific services.

Multiple providers have reported challenges for bilingual, immigrant and refugee populations that have limited ability to access telehealth services. To address this need, BHD is investing in organizations serving monolingual, immigrant and refugee communities to address barriers or offer safe alternatives to telehealth service, thus increasing access to behavioral health and addiction services. Finally, this program invests in life-saving supplies and other resources for BIPOC and other vulnerable communities impacted by COVID, including Naloxone kits and fentanyl test strips.

Performance Measures

Measure Type	Primary Measure	FY21 Actual	FY22 Budgeted	FY22 Estimate	FY23 Offer
Output	Number of unique individuals served through new program investments	N/A	350	60	284
Outcome	Percentage of participants in new program investments who are BIPOC	N/A	70%	70%	70%

Performance Measures Descriptions

Measure 2 full description: Increased access to culturally specific services as indicated by percentage of participants in new program investments who are BIPOC

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2022	2022	2023	2023
Contractual Services	\$0	\$620,000	\$0	\$625,000
Total GF/non-GF	\$0	\$620,000	\$0	\$625,000
Program Total:	\$620,000		\$625,000	
Program FTE	0.00	0.00	0.00	0.00

Program Revenues				
Intergovernmental	\$0	\$620,000	\$0	\$625,000
Total Revenue	\$0	\$620,000	\$0	\$625,000

Explanation of Revenues

American Rescue Plan (ARP) Direct County Funding - \$625,000

Significant Program Changes

Last Year this program was: FY 2022: 40199R ARP - Culturally Specific Behavioral Health Programs

This program falls under the County's Crisis Response & Community Recovery ARP Priority Area.