

Department: Health Department **Program Contact:** Anthony Jordan
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with mild, moderate, or severe gambling addiction. Problem gambling prevention programming works to use evidence-based strategies to increase awareness of County residents that gambling is an activity that carries risk and that treatment and prevention resources are available.

Program Summary

Multnomah County's Problem Gambling (PG) services are guided by a public health approach that takes into consideration biological, behavioral, economic, cultural, and policy factors influencing gambling and health. Services incorporate prevention, harm reduction and multiple levels of treatment by placing emphasis on quality of life issues for the person who gambles, their family members, and communities. Family participation throughout the treatment and recovery process is vital to recovery success so family members are engaged and also receive services. PG treatment services are focused on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. PG treatment assists the gambler and family in managing money/finances, rebuilding trust within the family, and maintaining recovery. The Multnomah County provider network includes Lewis & Clark College, Volunteers of America, Cascadia Behavioral Healthcare, and Voices of Problem Gambling Recovery (VPGR). Additionally, Asian Health & Services contracts directly with the state but participates as a key partner in collaborative provider meetings.

PG prevention programming is focused on assessing overall community awareness of problem gambling as an issue and develops new strategies for the prevention of problem gambling disorders in Multnomah County. Prevention messaging will focus on the risks of problem gambling, tips for responsible gambling, and highlight resources that help individuals with gambling issues. The prevention program works to reduce stigma related to problem gambling and addiction, and promote the State's Problem Gambling Services program's public awareness campaign: Reflect, Resource, Renew.

Performance Measures

Measure Type	Primary Measure	FY20 Actual	FY21 Budgeted	FY21 Estimate	FY22 Offer
Output	Number of gamblers and family members accessing treatment annually ¹	216	350	388	350
Outcome	Gambler successful treatment completion rate ²	26.6%	42%	38%	30%

Performance Measures Descriptions

¹ Output: The number of persons completing the enrollment process and entering treatment.² Outcome: The number of gamblers and family members who discharged from treatment during the year that completing a minimum of 75% of the short-term treatment goals, completing a continued wellness plan, and abstaining from problem gambling behaviors for a least 30 days prior to discharge. This outcome can only be computed 30 days post discharge and does not reflect the number of individuals who continuina to successfullv enaaae in treatment throughout the fiscal year.

Legal / Contractual Obligation

Multnomah County accepts the State Mental Health Grant, and spends funds in accordance with State Service Elements. The funds earmarked for gambling prevention and treatment in the Service Element are from Oregon Lottery revenues and may not be used for other purposes.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2021	2021	2022	2022
Personnel	\$0	\$141,439	\$0	\$150,346
Contractual Services	\$0	\$732,857	\$0	\$744,126
Materials & Supplies	\$0	\$10,417	\$0	\$7,252
Internal Services	\$0	\$13,394	\$0	\$15,902
Total GF/non-GF	\$0	\$898,107	\$0	\$917,626
Program Total:	\$898,107		\$917,626	
Program FTE	0.00	1.20	0.00	1.20

Program Revenues				
Intergovernmental	\$0	\$898,107	\$0	\$917,626
Total Revenue	\$0	\$898,107	\$0	\$917,626

Explanation of Revenues

\$ 38,500 - State Mental Health Grant: System Management & Coordination based on IGA with State of Oregon
\$ 775,000 - State Mental Health Grant: Problem Gambling Treatment Services based on IGA with State of Oregon
\$ 100,000 - State Mental Health Grant: Problem Gambling Prevention Services based on IGA with State of Oregon

Significant Program Changes

Last Year this program was: FY 2021: 40086 Addiction Services Gambling Treatment & Prevention

These services and performance measures were impacted by COVID because they require in-person work and internal Health Department communication resources were suddenly prioritized for responding to the pandemic. This impacted especially our PG Prevention Program and its previous work in early FY20 collaborating with Multnomah County Health communications to revitalize our "I Don't Let Gambling Limit Me" campaign targeting older adults, as well as creating a digital campaign focused on sports betting targeting adult males. Due to our health communications team needing to focus on COVID-related communications, these projects are still on hold. Additionally, we have seen a drop in the successful treatment completion rate performance measure in FY20 compared to previous years. Providers have indicated that anecdotally the stress of the pandemic has impacted treatment completion.