

Department: Health Department **Program Contact:** Yolanda Gonzalez
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Adopted
Related Programs:
Program Characteristics:

Executive Summary

School Based Mental Health and K-3 case management are essential components of the system of care for children and families. Our 26 providers serve over 1,200 children and teens with mental health needs in 38 schools across 6 school districts: Centennial, David Douglas, Gresham Barlow, Reynolds, Parkrose, and Portland Public School Districts. Mental health professionals provide evidence-based treatment, utilizing an anti-racist equity lens, in school and Student Health Center settings and via telehealth. Additionally, children, parents, and school staff receive consultation from Mental Health Consultants to assist with mental health needs during education planning to retain students in school and reduce the risk of needing higher levels of care.

Program Summary

Since 1969, Multnomah County has been a leader in the nation in providing access to mental health services in schools, which is considered a best practice. Mental health assessment and treatment services provided in schools decrease barriers such as stigma, cost, and transportation. This program reaches youth who are traditionally underserved and have barriers to accessing mental health services. Providing culturally specific mental health outreach and treatment continues to be a priority. Over 40% of the youth served are youth of color and 50% of our staff are clinicians of color. Cultural alignment with students increases therapeutic alliance which can assist with addressing mental health concerns, building trust, and improving school attendance.

This culturally specific approach contributes to school completion which is a strong indicator for lifelong economic wellbeing and improved overall health. School Based Mental Health Consultants provide screening, crisis intervention, mental health assessment, clinical case management and individual, group, and family treatment. Mental Health Consultants also provide training and consultation to school staff to optimize educational planning for youth with mental health challenges. Mental Health Consultants are co-located in ten Student Health Centers to provide integrated physical and mental health services.

Multnomah County and School Districts collaborate to address the continuum of needs for students and their families. School Based Mental Health Consultants provide thousands of hours of treatment, prevention, education, consultation, and outreach to students, school staff, and families every school year. Additionally, K-3 Case Managers provide comprehensive case management services to over 180 students and families in grades kindergarten through third grade with a focus on connecting families to resources to increase attendance and improve educational success.

Performance Measures

Measure Type	Primary Measure	FY20 Actual	FY21 Budgeted	FY21 Estimate	FY22 Offer
Output	Total unduplicated youth referred to SBMH for assessment and/or treatment services	1,093	1,300	966	1,300
Outcome	ACORN Distribution of Patient Change Rate reported by client/student as their perception of improvement ¹	54%	65%	57%	65%
Output	Total unduplicated K-3 youth/families who received case management services	189	190	179	190

Performance Measures Descriptions

¹ Client reported outcomes are accepted as more valid as the person receiving services is reporting changes through a global distress scale measure reported over the course of treatment. The percentage is the number of clients reporting significantly improved or somewhat improved.

Legal / Contractual Obligation

Revenue contracts with school districts.

Oregon Health Authority, Intergovernmental Agreement for the Financing of Community Addictions and Mental Health Services.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Adopted General Fund	Adopted Other Funds
Program Expenses	2021	2021	2022	2022
Personnel	\$1,574,140	\$1,728,894	\$1,467,294	\$1,768,443
Contractual Services	\$0	\$0	\$0	\$146,226
Materials & Supplies	\$22,216	\$6,771	\$13,304	\$3,069
Internal Services	\$282,984	\$381,101	\$31,166	\$356,361
Total GF/non-GF	\$1,879,340	\$2,116,766	\$1,511,764	\$2,274,099
Program Total:	\$3,996,106		\$3,785,863	
Program FTE	11.88	12.64	9.98	12.65

Program Revenues				
Intergovernmental	\$0	\$1,267,133	\$0	\$1,400,366
Beginning Working Capital	\$0	\$399,633	\$0	\$412,348
Service Charges	\$360,000	\$450,000	\$0	\$461,385
Total Revenue	\$360,000	\$2,116,766	\$0	\$2,274,099

Explanation of Revenues

This program generates \$89,853 in indirect revenues.

\$ 107,153 -Local Public Health Agency IGA with the State of Oregon for School-Based Clinics

\$ 22,500 -Parkrose School District

\$ 75,000 -Centennial School District

\$ 461,385 -Fee for Service Insurance Receipts

\$ 177,000 -Portland Public Schools

\$ 880,487 -State MH Grant: MHS 20 Non-Residential MH Services based on 2019-2021 IGA with the State of Oregon

Significant Program Changes

Last Year this program was: FY 2021: 40082 School Based Mental Health Services

Delivery of program was shifted to offer services virtually this year due to the COVID-19 pandemic. "FTE is split between 40082A and 40082B. Volume of clients has reduced due to COVID but there is increased need/accuity per client which necessitates the same amount of FTE.