



Program #40080 - Community Based MH Services for Children & Families 3/2/2021

Department: Health Department **Program Contact:** Yolanda Gonzalez
Program Offer Type: Existing Operating Program **Program Offer Stage:** As Requested
Related Programs:
Program Characteristics: In Target

Executive Summary

Community Based Mental Health for Children, Youth and Families provide critical safety net services and operate from an equity lens to ensure children and youth who are uninsured, underinsured, and are in need of mental health services. Over 1800 youth are served by these critical safety net services each year. Evidence-based, trauma-informed practices for at risk children and their families are used to deliver: crisis response, family support, individual/group therapy, skill building and medication management.

Program Summary

Multnomah County Community Based Mental Health offers a range of safety net services from Emergency Department crisis intervention to a comprehensive continuum of mental health treatment services in clinics, homes, and community. The continuum of services for at risk children includes: child abuse mental health services at CARES NW, Crisis and Acute Transition Services (CATS) an emergency department/hospital division program for youth with intensive and acute mental health needs, and Multnomah Treatment Fund for under or uninsured children.

Multnomah Treatment Fund contracts with mental health providers in the community to provide treatment to underserved children who need treatment services but have no insurance or are under insured. The Crisis and Acute Transition Service (CATS) provides access to responsive, effective, rapidly accessible mental health care and transition support for youth and their families experiencing acute crisis. The CATS program provides intensive crisis support to keep youth in their home, with their natural support system, and in school. CARES NW is a child abuse evaluation center where mental health consultants provide trauma informed care to children and their families. CARES mental health consultants work with children and their families, using culturally responsive practices, to mitigate and reduce the impact of trauma on long-term health and mental health problems. Multnomah County utilizes an equity lens while providing technical assistance and support to these external providers.

In all of these programs, care is coordinated with allied partners such as Child Welfare, Juvenile Services, Wraparound, School Based Mental Health, and primary care providers to ensure systems are promoting optimal outcomes for children, youth and families.

Performance Measures

Measure Type	Primary Measure	FY20 Actual	FY21 Budgeted	FY21 Estimate	FY22 Offer
Output	Total Multnomah County Children who receive Mental Health or Family Support Services at CARES NW ¹	479	300	300	300
Outcome	% of children having a mental health crisis at an ED/Crisis Center that have a CATS team response in un	100%	95%	100%	95%

Performance Measures Descriptions

¹There were anticipated changes in the CARES NW program structure this year. The CARES Family Support team is now providing a more intensive evidence-based treatment prevention model and parent support for fewer families rather than their old model which provided less support for more families.

²This measure is collected from OHSU's REDCAP CATS Report

Legal / Contractual Obligation

CATS contract with NAMI and Catholic Community Services of Western Washington. MTF Contracts with Lifeworks and Morrison.

Revenue/Expense Detail

	Adopted General Fund	Adopted Other Funds	Requested General Fund	Requested Other Funds
Program Expenses	2021	2021	2022	2022
Personnel	\$202,553	\$531,769	\$117,999	\$153,303
Contractual Services	\$0	\$0	\$0	\$322,656
Materials & Supplies	\$393	\$837	\$649	\$837
Internal Services	\$40,985	\$130,657	\$78,156	\$71,021
Total GF/non-GF	\$243,931	\$663,263	\$196,804	\$547,817
Program Total:	\$907,194		\$744,621	
Program FTE	1.25	3.92	0.70	1.07

Program Revenues				
Intergovernmental	\$0	\$222,299	\$0	\$547,817
Beginning Working Capital	\$0	\$440,964	\$0	\$0
Total Revenue	\$0	\$663,263	\$0	\$547,817

Explanation of Revenues

- \$ 157,792 - Head Start Contracts
- \$ 67,367 - CAMI Grant
- \$ 172,656 - Federal Community Block Grant SE 08 Crisis & Acute transition Services
- \$ 150,000 - Community Block Grant SE 08 Crisis & Acute transition Services

Significant Program Changes

Last Year this program was: FY 2021: 40080 Community Based MH Services for Children & Families

Delivery of the CARES program was shifted to offer services virtually this year due to the COVID-19 pandemic.