

2023 COBRA Monthly Medical and Dental Plan Costs



For former members of:

Local 88 AFSCME, MCCDA, DSA, Dentists, FOPPO, Prosecuting Attorneys,
ONA, Physicians, JCSS, IBEW, IUOE, and Non-Represented

Medical Plans	1 Party	2 Party	Family
Moda PPO 400	\$900.29	\$1,800.50	\$2,564.12
Moda Major Medical	\$434.81	\$869.57	\$1,239.14
Kaiser 10/20	\$868.67	\$1,735.26	\$2,473.34
Kaiser Maintenance	\$685.68	\$1,371.37	\$1,954.24

Dental Plans	1 Party	2 Party	Family
Delta Dental 50	\$59.77	\$119.58	\$170.10
Kaiser Dental 15	\$90.29	\$180.60	\$257.35
Willamette Dental	\$65.40	\$130.76	\$186.42