

# Melele kin Ien Jab Ito Tak im Ien Kōjenolok Make

Melele in kajinet kein rej jermal ñan **aoleb armij ilo jikin eo, ekoba imōn jikuul im jikin ko rej lale ajiri. Ñan armij ro rej jokwe ak jermal ilo jikin kik ko an ro ejellok imōn aer jokwe, jikin ejmour, imōn kalbuj ko ak jet jikin ko rej lelok kejbarok, melele in kajinet ko ikijen ien jab ito tak im ien kōjenolok make roktak.** Lale ibben jjikin jermal eo am ñan am jelā kin melele in kajinet ko an jikin kein.

**Ta eo kwōn kōmmāne ñe kwar bed iturin nañinmij eo\* kin an juon armij kar wōr COVID-19 ibben bōtab ejellok kar kakōlkōl ko ibben**

\***Bed iturin** nañinmij ej melelein kwar bed iturin armij eo ewōr nañinmij eo ibben jab diklok jen 15 minit ak lablok im diklok jen 6 ne in am ettolok jeñe iomwin juon raan, ilo am ekōnak ak jab ekōnak kein kalbubu iturin māj.

Ien jab ito tak ej melelein bed mweo imōm im jab iturin ro jet alikin am kar bed iturin armij eo ewōr nañinmij eo ibben ñan lale elañe kwōnaj nañinmij ak kaajeeded nañinmij eo ñan ro jet. Jino jen Maaj 12, enaj jako an Oregon Health Authority aikuj ien jab ito tak ñan eloñ armij ro renaj bed iturin juon eo ewōr COVID-19 ibben.

Ñe kwar bed iturin juon eo ewōr COVID-19 ibben, kwōjab aikuj bed wōt mweo imōm. Bōtab, jekdoñ kwar wā ak jab, kwōj aikuj



1. Lale ñe enaj wōr **kakōlkōl ko** ibbam iomwin **10 raan.**
2. Lomnak am **ekōnak kein kalbubu iturin māj** ien am bed iturin armij ro jet iomwin 10 raan.
3. Bōke teej eo elañe kwōmaron 5 raan alikin ien eo aliktata kwar bed iturin armij eo enañinmij.
4. Ñe teej eo am enaj kwalok ewōr nañinmij eo ibbam im/ak ewōr kakōlkōlin COVID-19 ko ibbam, bed wōt mweo imōm im loor melele in kajinet ko ikijen ien kōjenolok kwe make (ijin lal).

Lomnak kin ia eo kwōnaj bed ie im armij ro kwōnaj bed iturier. Kwōmaron wōnmaanlok in kejbarok armij ro rebed ilo joñan uwōta eo elab in bōk COVID-19 eo ekauwōtata ilo am kadiklok am bed iturier ak ekōnak kein kalbubu iturin māj ien am bed iturier.

**Ta eo kwōn kōmmāne ñe ewōr kakōlkōl ko ibbam ak ñe teej eo am enaj kwalok ewōr COVID-19 ibbam (melele in kajinet ikijen kōjenolok make)**

1. Bed wōt mweo imōm im jab bed iturin armij ro jet (kōjenolok make) **jab diklok jen 5 raan.**
2. Alikin 5 raan, kwōmaron etal jen mweo imōm ñe
  - emōj an ejellok am piba jab diklok jen 24 awa ilo am jab idak wūno in piba IM
  - kakōlkōl ko redik joñaer remmonlok.
3. Wōnmaanlok in tiljek ilo am ekōnak kein kalbubu iturin māj ien am bed iturin armij ro jet iomwin bar 5 raan.

Ñe ewōr am kajitōk kin ta eo kwōn kōmmāne ñe teej eo am enaj kalikar ewōr nañinmij eo ibbam ak emōj am bed iturin juon armij eo ewōr COVID-19 ibben, kūrlok **866-917-8881**. Ñe kwōj aikuj jibañ kin mennin jibañ ko ñan am maron bed wōt mweo imōm ilo ien kōjenolok eo am make, kūrlok **211**.



**LALE MULTCO.US/COVID19 ÑAN MELELE KO REKĀĀLTATA**